High School Health Pacing Guide 2016-17

Months	S	SEPTEMBER			OCTOBER			NOVEMBER				DECEMBER				JANUARY				FEBRU	MARCH				APRIL				MAY				JUNE		
Week #	1	2	3 4	5	6	7	8	9	10	11	12	13	14	15 1	.6 1	.7	18	19 20) 2	21 22	23 2 4	25	26	27	28	29	30 3	1	32	33	34	35	36	37	38
1	-Intro to Health Class (topics) -Chapter 1 in Book -Physical, Mental/Emotional, Social Health -Journals			-Mental & Emotional Health Issues (Chapter 3/5) -Issues w/ teens -Journals			-Nutrition (Pre-Test, Video, Project) -Sports Nutrition -Journals			-Tobacco (Tobacco Packet / Quiz) -Smokeless Tobacco (PowerPoint, Videos) -Journals			o H th -E M Sy	-Reproductive Health (Choosing the Best – Journey) -Biological Issues M/F Reproductive Systems -Physical, Emotional, Economic issues			-J	-Protec Guidelines -Decision I Journals	Chapter 7 (Family Relationships), PowerPoint -Chapter 8 (Peer Relationships) -Journals							Illegal Drugs -Group Projects and Presentations				-STIs, HIV/AID					
2	-DA -Co -Te Ris	-Risks/Risk Factors -DANGERS -Common Risks -Teen Years – Risky Business -Journals			-Chapter 6 (Healthy Relationships) -Effective Communication Skills -Cyberbullying -Journals			-Physical Activity and Fitness. Chapter 12. -Weight Training PowerPoint -Journals				-Illegal Drugs -Group Projects and Presentations			d H	-Reproductive Health (Choosing the Best – Journey) -STIs, HIV/AIDS FINAL EXAM				-Stress (E Stressors, relieve -PowerF Journals	Chapter 8 (Peer Pressure) -Chapter 9 (Resolving Conflict) -Anger Inventory -PowerPoint -Journals			ng	-"What are Drugs?" Reading + Q -Medicines (Rx-OTC) -Journals				Group PresentationsChapter 26 (Safety and Injury Prevention) -CPR/First Aid PowerPoint			ty	FINAL EXAM		
3		-Protection (Guidelines, Chart) -Decision Making -Journals		Rela Pow -Cha Rela	-Chapter 7 (Family Relationships), PowerPoint -Chapter 8 (Peer Relationships) -Journals			-"What are Drugs?" Reading + Q -Medicines (Rx-OTC) -Journals				-Group Presentations. -Chapter 26 (Safety and Injury Prevention) -CPR/First Aid PowerPoint				-Intro to Health Class (topics) -Chapter 1 in Book -Physical, Mental/Emotional, Social Health -Journals			E Is 3 -I	Mental & motional ssues (Cha /5) Issues w/ t Journals	Nutrition (Pre-Test, Video, Project) -Sports Nutrition -Journals			est,	Alcohol (Anticipation Guide, PowerPoint) -Health Risks -Video "The Aftermath" -Judge and Jury worksheet -Legal Issues -Journals				-Chapter 17-18 (Life Cycle)						
4	St	-Stress (Effects, Stressors, Stress relievers) (Res -PowerPoint -Ang -Journals -Pow			pter 8 (Peer sure) pter 9 pter 9 ply 1 pter 9 ply 2 ply 3 ply 4 prer 9 ply 4 prer 9 ply 5 ply 6 ply 7 prer 9 ply 6 ply 7 ply 8 ply 7 ply 8 ply 7 ply 8 ply 9 ply 8 ply 9				:)	-Chapter 17-18 (Life Cycle)				-Risks/Risk Factors -DANGERS -Common Risks -Teen Years — Risky Business -Journals			R -E C SI	Chapter 6 (I elationship Effective Communicat kills Cyberbullyii	-Physical Activity and Fitness. Chapter 12. -Weight Training PowerPoint -Journals				-Tobacco (Tobacco Packet / Quiz) -Smokeless Tobacco (PowerPoint, Videos) -Journals				-Reproductive Health (Choosing the Best – Journey) -Biological Issues M/F Reproductive Systems -Physical, Emotional, Economic issues			- al,					